



Pregnancy Support in School

Summary of My Decisions



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Young Parent Support in School: Summary of My Decisions

Initial Support Meeting (Date) (Note 1): Click or tap here to enter text.

Name: Click or tap here to enter text.

My School: Click or tap here to enter text.

My key contact in school (Note 2): Click or tap here to enter text.

My key contact's contact details (email, phone number): Click or tap here to enter text.

My expected delivery date: Click or tap here to enter text.

Review meeting dates (if relevant)

2nd Review Meeting – Date: ____ / ____ / ____

3rd Review Meeting – Date: ____ / ____ / ____

Remember!

This is your plan and you can update, change or review it whenever you wish.

**Section 1: Who will support me in school?
The people who are supporting me**

For example	My key contacts	Who they are	Contact details
<p><i>Family members/carers</i></p> <p><i>School staff (e.g. your guidance teacher, school nurse)</i></p> <p><i>Family Nurse (if you have one)</i></p> <p><i>Any other professionals or trusted adults (e.g. advocacy worker, youth worker)</i></p>			

**Section 2:
My main concerns and any other information that is useful to know about**

My concerns	What to do to support me

Section 3: The social, emotional and practical help I need at school while I'm pregnant

<p>3.1. Help I need right now. <i>For example: Someone to talk to, someone to help with money, someone to help me with housing.</i></p>	<p>Details of the help I would like: Click or tap here to enter text.</p>
<p>3.2. Time I will need off school during my pregnancy. <i>For example: time to see my midwife, my FNP nurse or if I am not well.</i></p>	<p>Details: Click or tap here to enter text.</p>

Section 4: Practical support that I would like in place (see Note 3)

<p>For example: <i>(Note: some of these might not be relevant to your school)</i></p> <p><i>A toilet pass</i></p> <p><i>An early class release pass</i></p> <p><i>A lift pass</i></p> <p><i>Locker/Storage</i></p> <p><i>Uniform requirements</i></p>	<p>Details of local groups Click or tap here to enter text.</p>
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Section 5: My learning needs

5.1. My learning needs

For example, time to do my homework at school, flexible deadlines

Details of what has been agreed:

Click or tap here to enter text.

Section 6: Changes to my support needs (see Note 4)

For example:

Review Meeting 2 – 15/10/2021

Section 3 – I asked for a uniform change, as it is no longer comfortable for me to wear.

Key contact: Click or tap here to enter text.

Pregnancy Support Summary – Notes

Note 1:

The pregnancy support summary can be used on its own or as an addition to a Child's Plan if a young person already has one in place.

The Summary should be filled in by the professional and young person together, with the young person taking the lead. The plan can be adapted and tailored to local/school requirements and young person's needs.

The first meeting (the 'initial support meeting') should take place soon after the school is made aware that the young person is pregnant. This meeting should identify the main areas of support that a young person needs during pregnancy as set out in each section of the plan.

Any follow-up review meetings should take place at a time agreed with the young person. These meetings are important to ensure that the initially agreed support/arrangements still address the needs of the young person as their pregnancy progresses. The necessity for and frequency of the review meetings will entirely depend on the young person's individual needs.

Note 2:

The key contact is a staff member who works at school with a young person and is their first point of contact in terms of pregnancy and parenthood related matters. The role and the remit of the key contact should be discussed with young person for clarity (for example: if the young person needs assistance of services out of school would they have capacity to support this).

It is important to keep the key contact's details up to date at all times. Any changes to the key contact should be recorded in the plan.

Note 3:

Some of the support options suggested in this section might not be applicable or available in every school. It is intended that the templates if used, should be adapted to reflect local circumstances, approaches and policy.

Note 4:

Please use **Section 5** of the form to record any changes to the support as agreed at any subsequent meetings between young parent and key contact, or at any other times that the young parent wished to make a change to any arrangements.

Please record the date the of the change and the nature of the change (you might want to use section numbers to keep it simple as shown in the example) and other relevant details as appropriate (or example when the change takes effect).



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