

# National Care Service



# Support Planning



# Easy Read



# Support Planning



A person will only have one plan.



Support planning will start when a person first needs it and move with the person through their life.

The plan should:



- have the person at the centre of any decisions that are made.



- respect their human rights.



- be based on the family and friend relationships that are important to the person.



- work with the person to get the life they want and need.



- plan things in a way that looks at someone's strengths and what they are good at.

People will manage their own care as much as they want to.

- have similar ways of giving services and support.

Planning could be done by different people – for example:



- if someone does not need a lot of support the planning could be done by someone in the community like a support worker or someone from a voluntary organisation.



- if someone needs a lot of support from different services the planning could be done by a social worker.



- support information will be written down on a social care and health record with their agreement.

People's information will move through the system with them.



- People will only have to come into services once.

They must get support in a system where services work together and talk to each other.