I found a way out of forced marriage. So can you.



For lots of people living in Scotland arranged marriages can be an accepted part of everyday life. But forcing someone to marry is not. After all, it's everyone's human right to choose their own partner. Both men and women in forced marriages can experience emotional distress and low self-esteem. Others experience physical assault or verbal abuse.

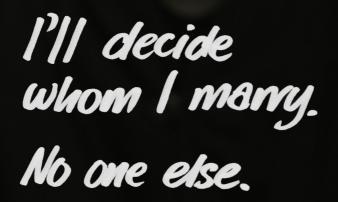
That's why legislation has been introduced in Scotland to provide greater protection to victims of forced marriage. Forcing someone into marriage is now a criminal offence, punishable by a prison sentence, fine or both and Forced Marriage Protection Orders can be taken out to prevent anyone from forcing you to marry against your will.

There are also trained advisors who can talk through your options if you, a friend or relative is under the threat of a forced marriage. This is also available if you're currently in a forced marriage.

For advice, support and protection, call **0800 027 1234**. It's free, confidential and open 24 hours a day. Or go to **onescotland.org/forcedmarriage** for more information.

Scotland believes in equality.







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For advice, support and protection, call **0808 801 0327**.

Lines are open Monday – Friday 9am – 5pm. Calls are free from landlines and from mobiles using the O2, Orange, T Mobile, Three (3), EE, Virgin and Vodafone networks.

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