

SCOTTISH GOVERNMENT

Prevention Sub Group of the Ministerial Working Group on Tobacco Control 5 March 2015, Edinburgh

Chair :-

Louise Macdonald – Young Scot

In Attendance

Paul Ballard - Stirling University

Amanda Amos - University of Edinburgh

Alastair Mackinnon – Fast Forward

Rebecca Marek – Scottish Youth Parliament

Susan Hunter - YouthLink Scotland

Emma Papakyriakou – ASH Scotland (representing John Watson)

James Cant - British Lung Foundation (also representing British Heart Foundation & Cancer Research UK)

Laura Caven – NUS Scotland

Emma Hogg – NHS Health Scotland (representing George Dodds)

Scottish Government Officials

Siobhan Mackay – SG Tobacco Control

John Glen – SG Tobacco Control

Fiona Dunlop - SG Tobacco Control

Alex Tod – SG Tobacco Control

Apologies

Hugh Scott - Youth Work Managers Scotland

John Watson – ASH Scotland

George Dodds - NHS Health Scotland

John Higgins – Education Scotland

Item 1 - Welcome and Introduction

1. Louise Macdonald welcomed everyone to the Group, particularly those attending for the first time.

Item 2 – Minutes of the Previous Meeting

2. The Minutes were accepted as a true and accurate record of the last meeting of the group.

Item 3 – Action and Updates from Previous Meeting

3. It was confirmed that action was progressing regarding the Education & Learning Policy Summit. An invite had been issued from the Minister to individuals to take part in the summit. A list of proposed attendees had been prepared by John Glen

with a view to identifying a suitable date and venue. The summit is being planned to take place in April 2015.

ACTION: Progress Summit John Glen by April 2015.

4. It was confirmed that Siobhan Mackay had had an initial discussion with Peter Russian to discuss the liP and the young people framework and to explore what links might exist between the framework and improving young people's health.

ACTION: Siobhan Mackay to report progress in due course.

5. Youthlink Scotland were not in attendance at this point in the meeting to update on the relevant action from the previous meeting. It was agreed that an update would be circulated in writing.

ACTION: Youthlink Scotland to report progress around discussions on how smoking prevention can be embedded into Activity Agreements as part of the focus on inequalities.

6. Alastair MacKinnon confirmed that he would send out the executive summary on the survey with young people on illicit tobacco.

ACTION: Alistair MacKinnon to arrange to circulate the executive summary on the survey with young people on illicit tobacco.

7. Paul Ballard indicated that no progress had been made regarding his proposal regarding engaging local communities to drive and oversee smoking initiatives.

ACTION: Paul Ballard to progress his discussion with George Dodds, but no further action required for this group.

8. It was confirmed that a map of current activities had been produced in visual form and circulated to the Group.

Item 4 - Youth Work Interventions Supporting Young People

9. Emma Papakyriakou updated the Group on progress. She explained that two meetings of the STCA were due to take place in March relating to reducing access to tobacco and young people. Individuals should contact ASH Scotland should they wish to attend. She explained that the Youth and Tobacco Forum was looking at the links to physical activities in relation to reduced tobacco consumption. The Group was also exploring the links to other risk behaviours and the impact on looked after and accommodated children.

10. She also described in detail the on-line resource 'Youth Work Essentials' a copy of the link is as follows for ease of reference:

<http://www.youthworkessentials.org/youth-tobacco.aspx>

11. Louise Macdonald thanked Emma for the update and commended the joint efforts of ASH Scotland, Youth Scotland, Fast Forward, YWMS and YouthLink Scotland for raising the profile of tobacco within the Youth Work agenda.

Item 5 – Presentation Healthy Body Healthy Mind Awards

12. Laura Caven presented to the Group developments in relation to embedding tobacco within their Healthy Mind Awards programme. A copy of the link to her presentation is attached. A total of 16 Colleges and Universities had signed up for the scheme. Laura indicated that some universities were more resistant to taking part in the award scheme with the addition of the smoking prevention actions. A day-long event was planned take place in November to launch the 2015/16 awards.

Item 6 – SALSUS Update on main findings

13. Siobhan Mackay presented to the Group the main findings of the survey in relation to tobacco use within young people in Scotland. A copy of her presentation material is attached for ease of reference. The Group asked whether the data was analysed by SIMD quintile and Siobhan agreed to look into that further.

ACTION: Siobhan Mackay to investigate if data was analysed by SIMD quintile.

ASSIST Update

14. Colin Lumsdaine gave a brief overview of the Assist programme. He explained that ASSIST was a school-based and assets-based smoking prevention programme. It is delivered locally under a licence from a 'not-for-profit' company which is a joint venture between the Universities of Cardiff and Bristol. The effectiveness of the ASSIST approach in deterring smoking take-up has already been proven through a randomised control trial in Wales and South-West England. It has now been delivered in more than twenty local authorities/health boards across England and Wales.
15. The purpose of the Scottish pilot is to evaluate the suitability of ASSIST in Scotland. The evaluation is being funded by CSO. Under the licence, staff and pupils are formally trained to deliver ASSIST in schools. It involves the training of 12-13 year olds (S1 / 2) to act as supporters to their peers. This role entails them using informal opportunities outside of the classroom to encourage their peers not to smoke, and they keep diaries of their activities and participate in follow-up sessions with staff trainers. The Scottish 3 year pilot of ASSIST would take place in Glasgow, Lothian and Tayside.
16. While, the evaluation will look at how ASSIST works in a Scottish context, there are developments that might be relevant to this group. These include consideration of how pupils might be rewarded for their efforts through awards schemes and how we might build on the momentum once the ASSIST work within a school has ended.

17. Louise asked Youthlink Scotland to consider links to existing award schemes and suggested a separate meeting with ASSIST pilot sites. Siobhan Mackay explained that representatives of the pilot sites meet regularly with the next meeting on 21 April. Youthlink Scotland and others were encouraged to get in touch with Siobhan should they wish to attend that meeting to propose options to the points above.

Action: Youthlink Scotland to consider how ASSIST pilot sites might link into national award schemes and contact SG if they wish to attend the next ASSIST co-ordination meeting.

Item 7 – Youth Commission Legacy Work Update

18. Louise Macdonald updated the Group on the work of the Youth Commission. The Commission had met for its final time and actions and recommendations had been submitted to the Scottish Government. The Youth Commission on smoking prevention social enterprise scoping project had progressed well. A scoping study had been completed involving business planning and identification of potential funders. Fiona Dunlop confirmed that cessation co-ordinators were open to further input from the Commission in relation to youth services.

Item 8 – AOB

19. Louise Macdonald confirmed that a map of current activities had been produced in visual form and thanked everyone for their efforts in getting this point.
20. Louise confirmed that the Group would continue to monitor this activity but should now recalibrate to identify and agree new activity going forward that has a specific inequalities focus. As a starting point it was agreed that a workshop should be arranged to discuss these issues.

Action: SG to fix date for workshop which would be co-ordinated by Louise Macdonald, Emma Hogg and other Members to contribute as necessary.

21. Louise also confirmed that, now the Group had been in place for 18 months, it was the right time to revisit the Group's membership and operational framework to ensure clarity about the Group's purpose going forward. She again thanked Members for their efforts so far and reflected on the commitment we had all made to be active participants. She asked Members to consider whether they still felt able to undertake an active role or whether they had felt they had contributed all that they can at this time. Louise also asked members to reflect on whether anyone was missing from the Group that should be invited.

ACTIONS:

- **SG to revisit Operational Framework**
- **All Members to confirm with SG whether they wish to remain on the Group or whether they would like to leave the Group.**

- All Members to consider whether there are others who should be invited to play an active part on the Group.

22. Summary of Actions

Action	
1. Progress Summit by April 2015.	SG.
2. Siobhan Mackay to report progress on discussion with Peter Russian icw liP.	SG
3. ACTION: Youthlink Scotland to consider further discussion around how smoking prevention can be embedded into Activity Agreements as part of our focus on inequalities.	YouthLink Scotland
4. Share executive summary regarding survey with young people on illicit tobacco.	Alastair MacKinnon
5. Siobhan Mackay to investigate if SALSUS data was analysed by SIMD quintile.	SG
6. Youthlink Scotland to consider how ASSIST pilot sites might link into national award schemes and contact SG if they wish to attend the next ASSIST co-ordination meeting.	YouthLink Scotland & Group members
7. SG to fix date for workshop on the future of the Group's membership and remit which would be co-ordinated by Louise Macdonald and Emma Hogg.	Louise Macdonald and Emma Hogg plus Group members
8. SG to revisit Operational Framework of Group	SG
9. All Members to confirm with SG whether they wish to remain on the Group or whether they would like to leave the Group.	Group Members
10. All Members to consider whether there are others who should be invited to play an active part on the Group.	Group Members

Date of next meeting

23. The date of the next meeting to be arranged.

SG Tobacco Control Team
March 2015