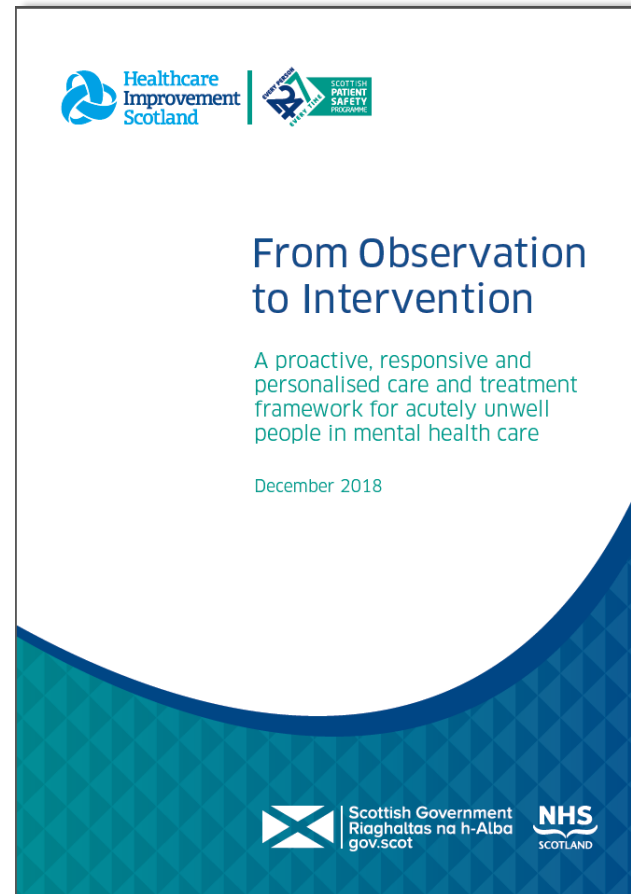


Safer, Stronger, Surer



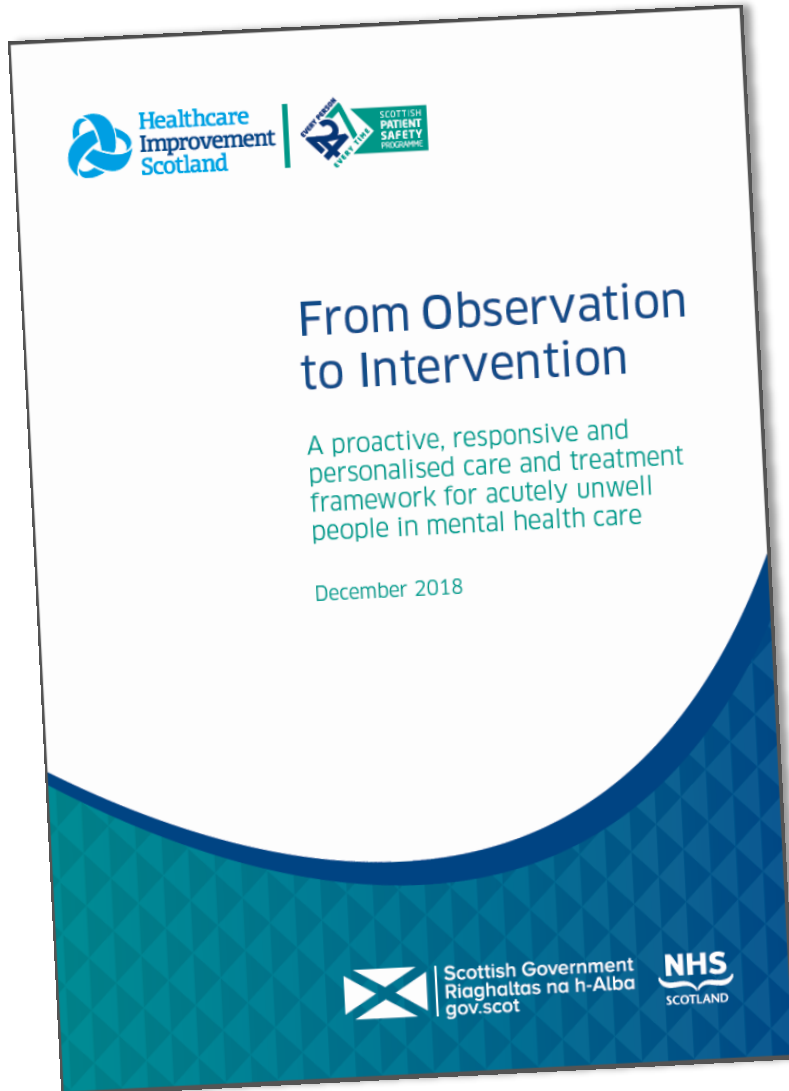
- What are the 3 feelings this video has created for you?

Improving Observation Practice - IOP

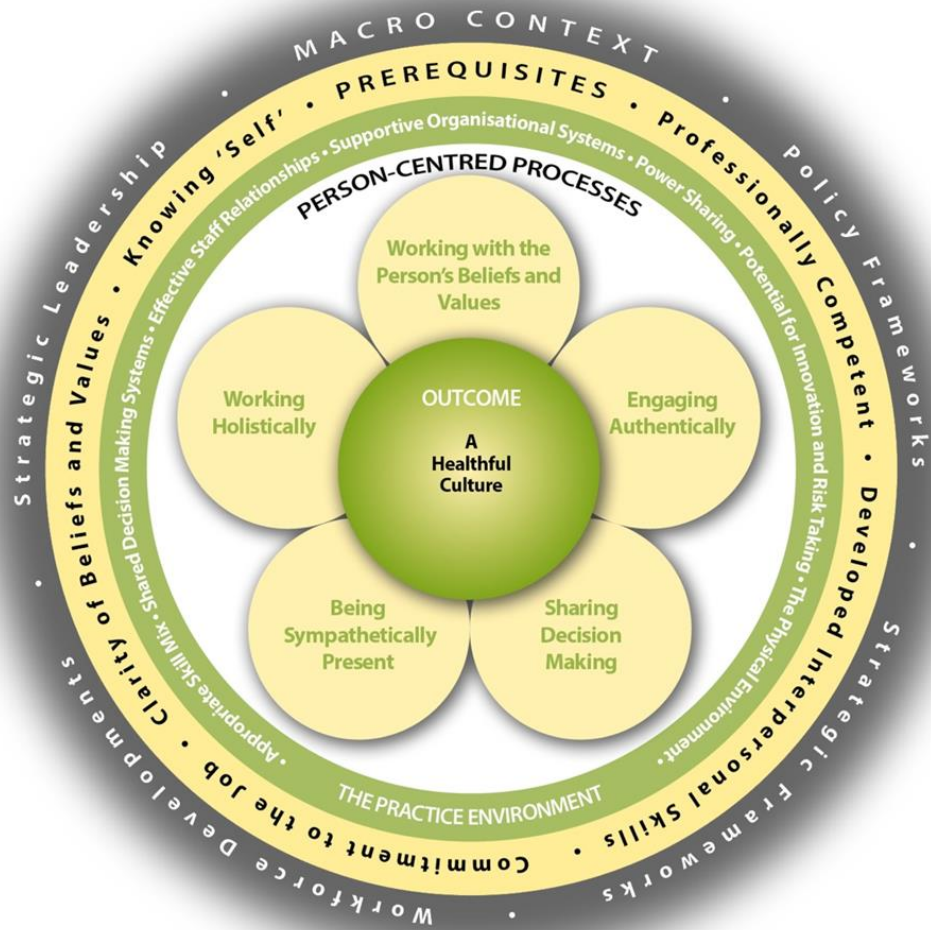


<https://ihub.scot/improvement-programmes/scottish-patient-safety-programme-spsp/spsp-mental-health/improving-observation-practice>

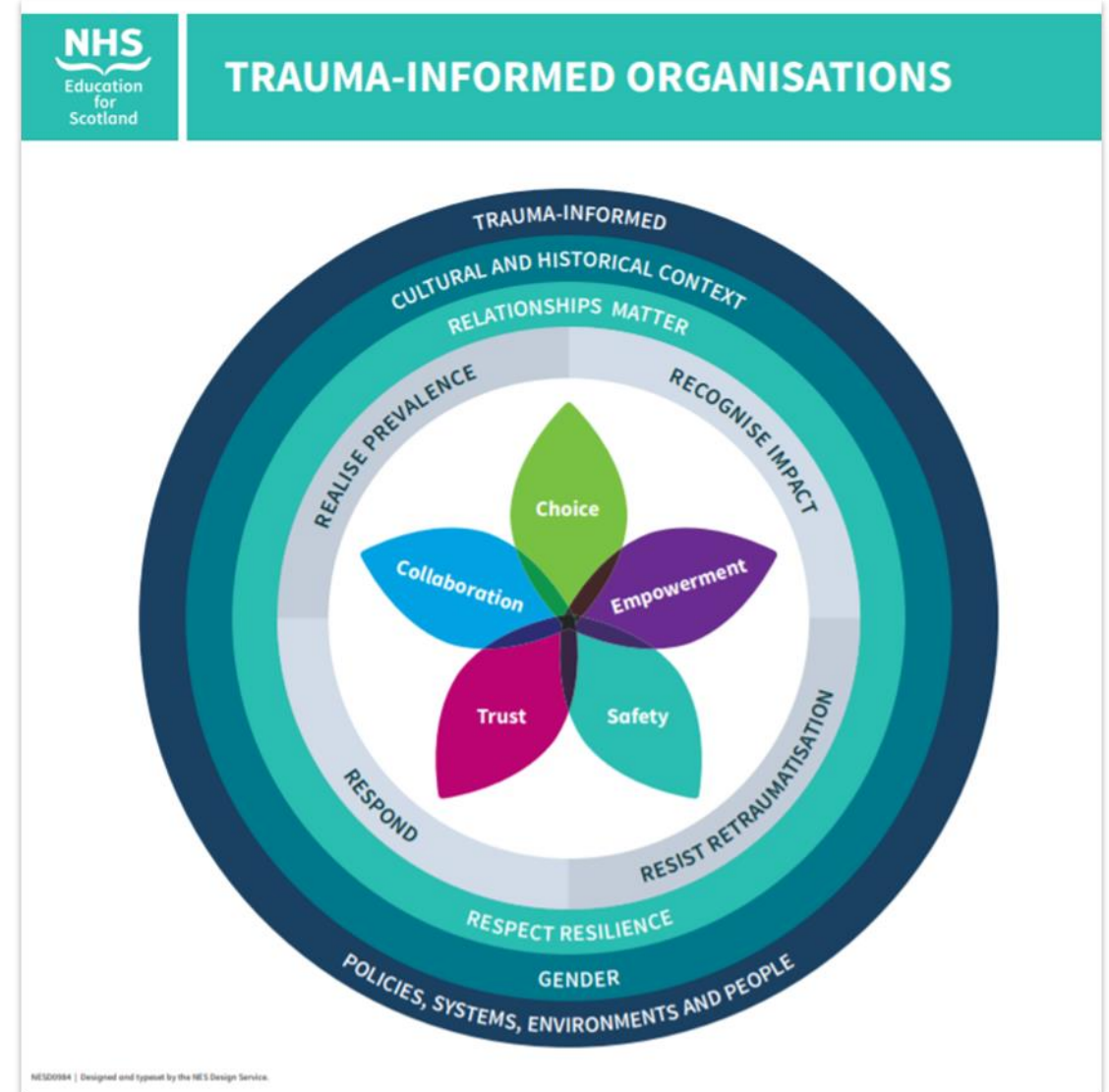
Improving Observation Practice - IOP



A preventative, proactive approach to observation practice may be associated with:		
<p>Strong leadership</p> <p>Foundational work with quality improvement methodology</p>	<p>Staff training in therapeutic skills – for example mindfulness</p>	<p>Structured staff activity</p> <p>Continental Shift Patterns</p>
<p>Clinical pause</p> <p>Creativity and increased therapeutic activity</p>	<p>Less enhanced observation practice</p>	<p>More confidence in engaging with enhanced observation practice</p>
<p>Better recognition of deterioration</p> <p>Early intervention</p> <p>Flexibility</p>	<p>Change of language</p> <p>Positive patient experience</p>	

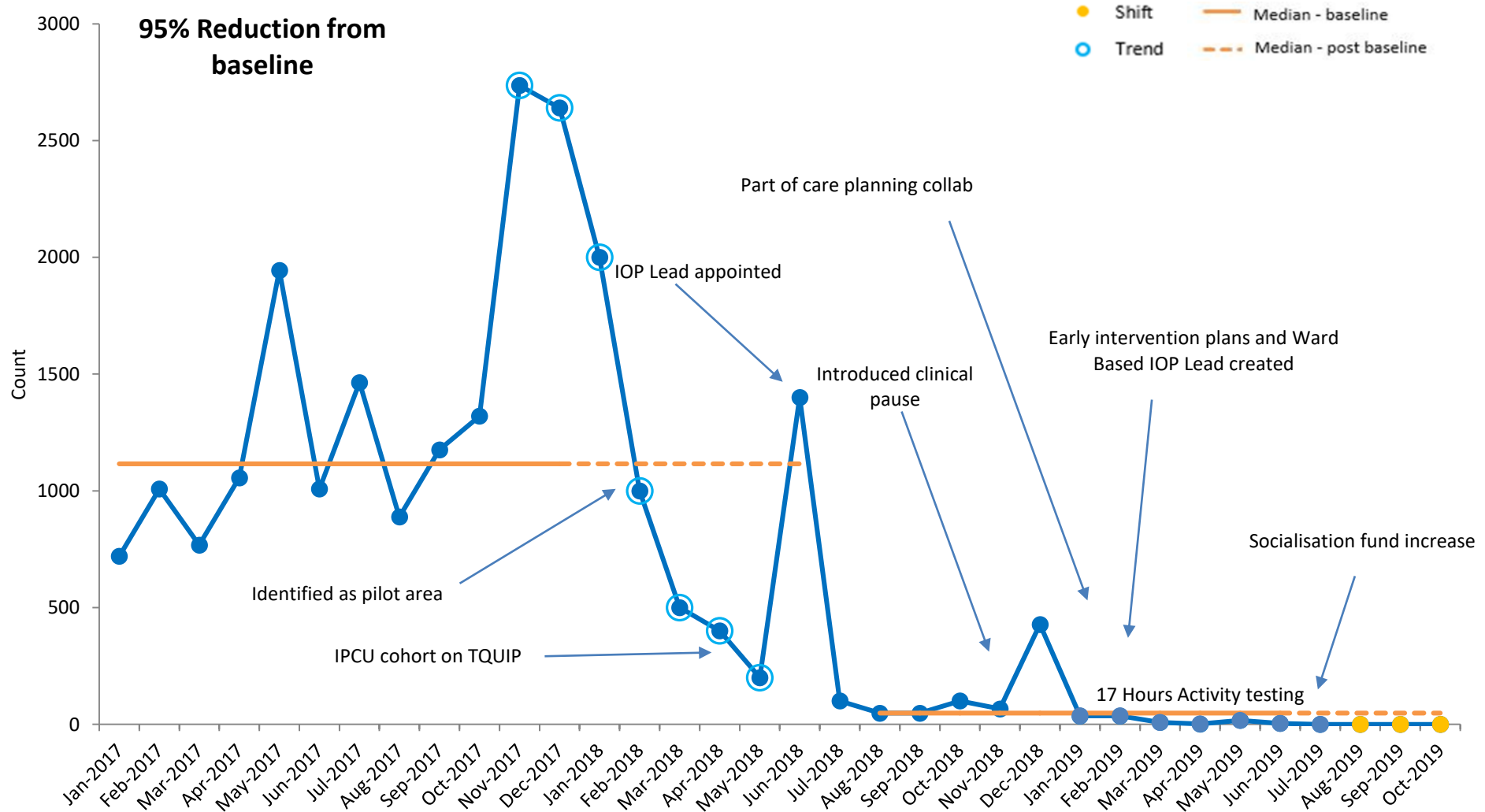


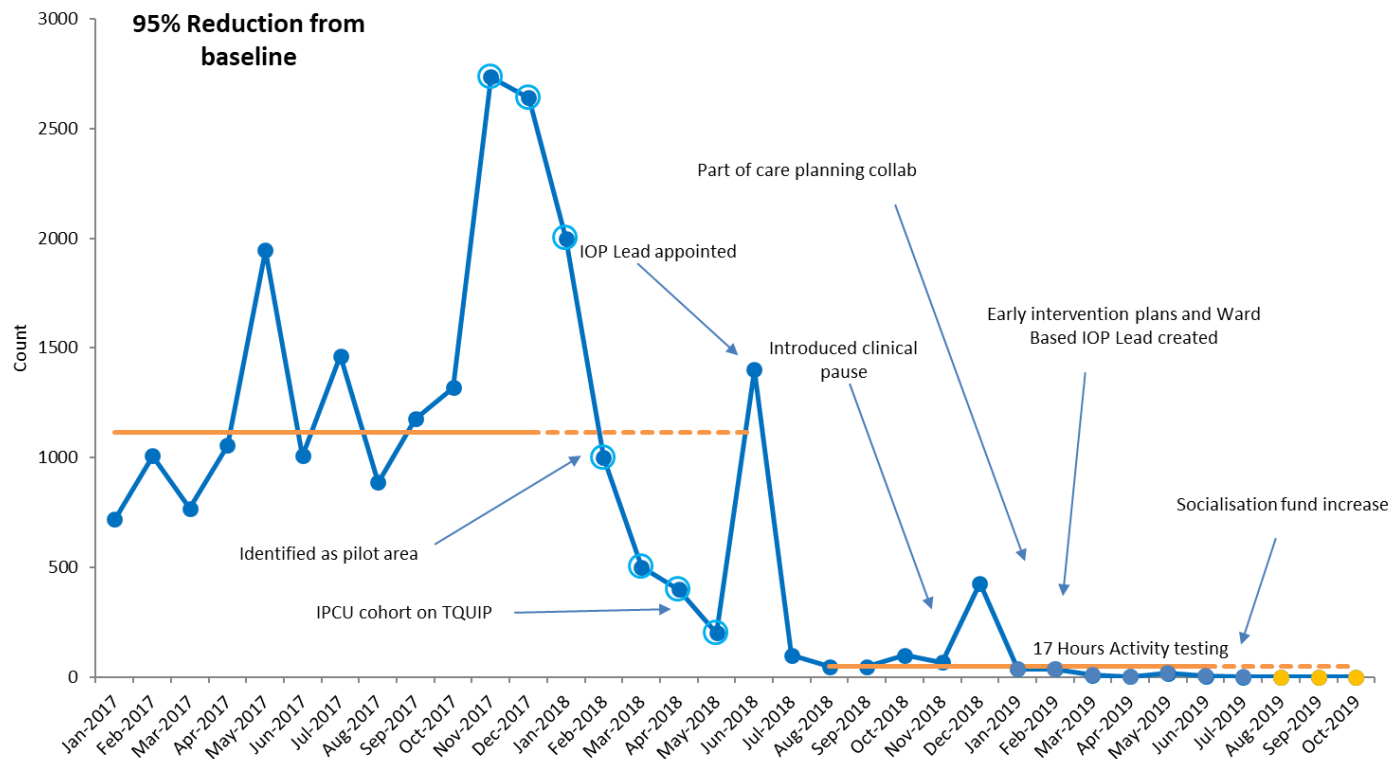
McCormack & McCance, 2006



<https://www.nes.scot.nhs.uk/education-and-training/by-discipline/psychology/multiprofessional-psychology/national-trauma-training-framework>

Number of hours spent on enhanced observation IPCU 2017-2019





- 1068
- 16,415
- 50
- 0
- 90+

In numbers...

IOP IPCU Patient Feedback



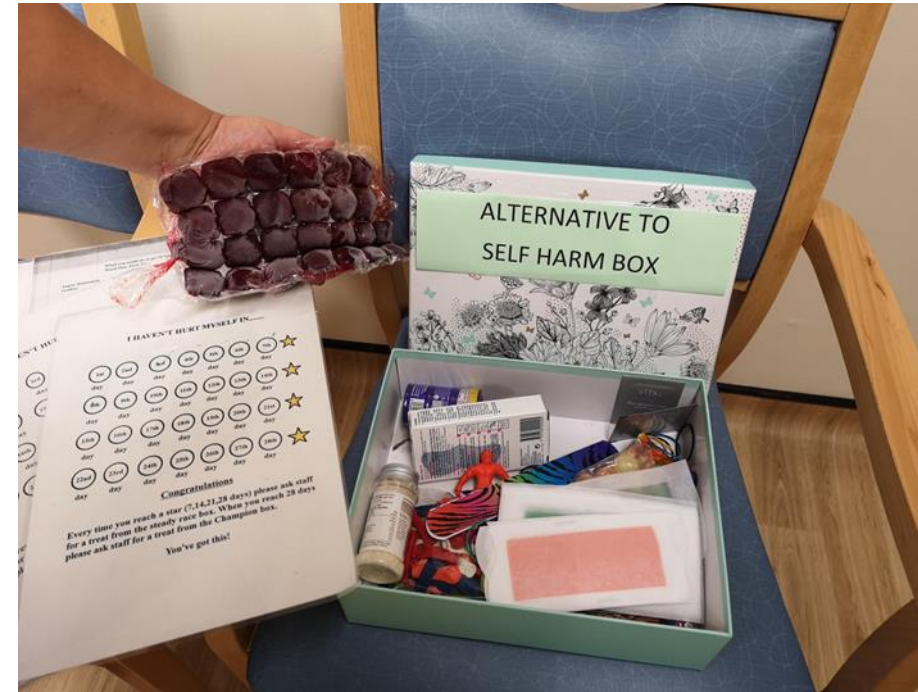
- ‘Sometimes I'll need obs but now they are reviewed much much quicker. Even reduced at the weekend now, that never used to happen.’
- ‘Staff work hard to make sure we all feel safe. I used to think others on Obs got more attention but now it seems more equal. Even though I'm not on obs I'm important too.’
- ‘It is more relaxed I feel better knowing that if I need someone to talk too I can but I can have some independence too.’

- Teamwork & Camaraderie
- Connection to Purpose
- Autonomy & Control

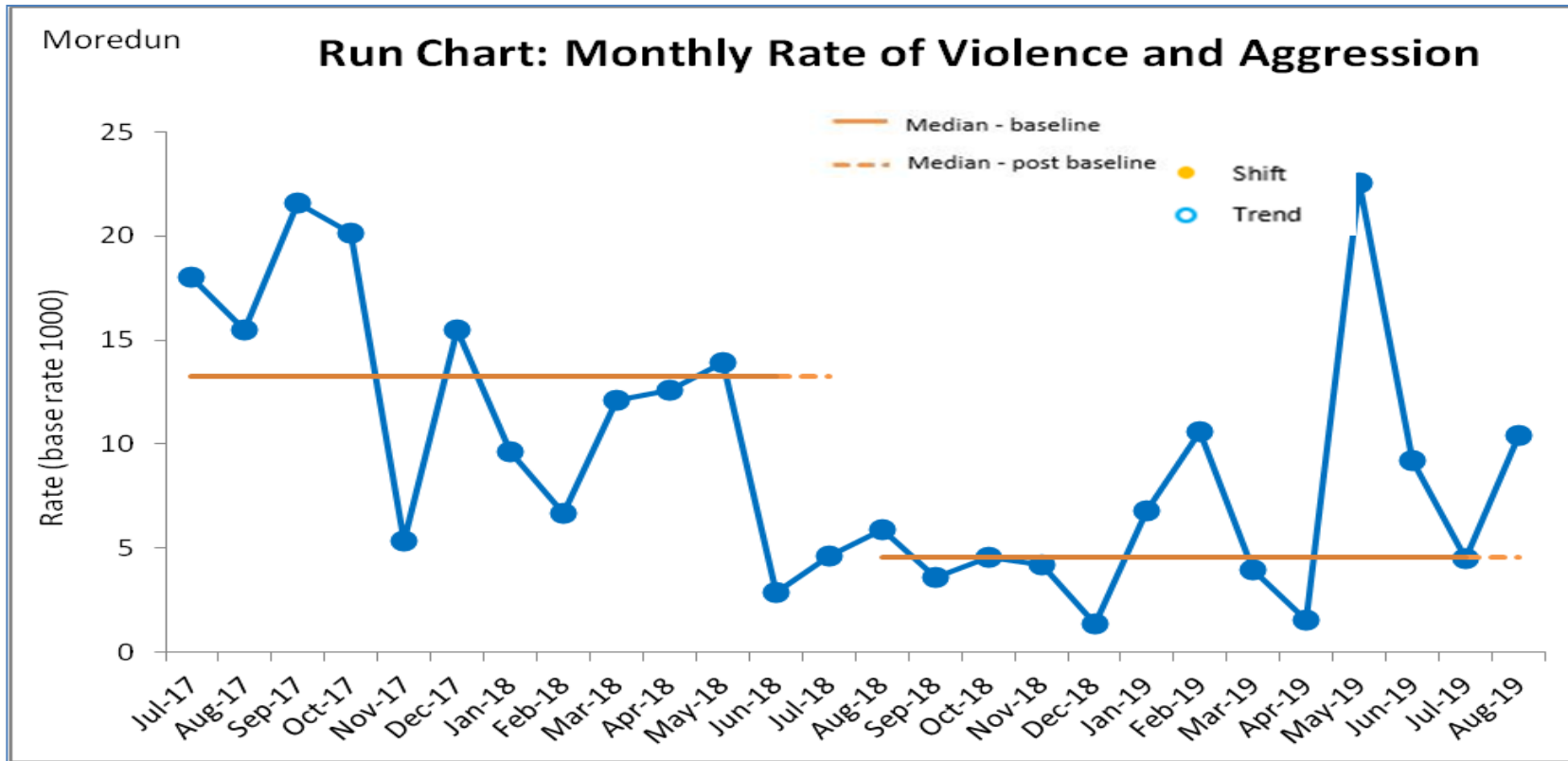




Self Sooth and Alternatives to Self Harm



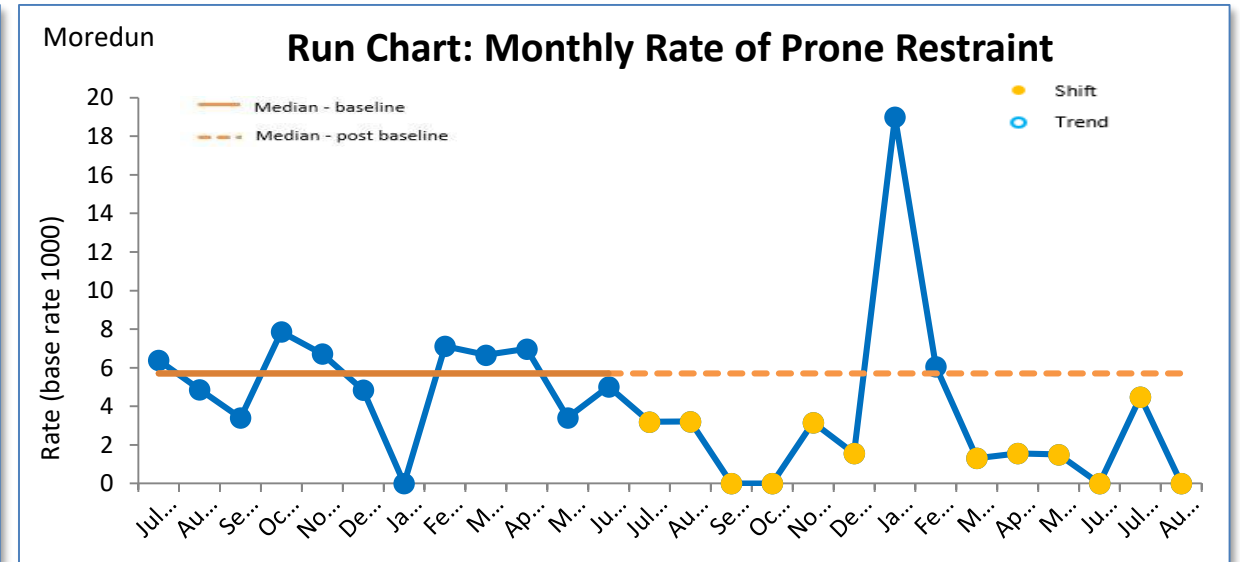
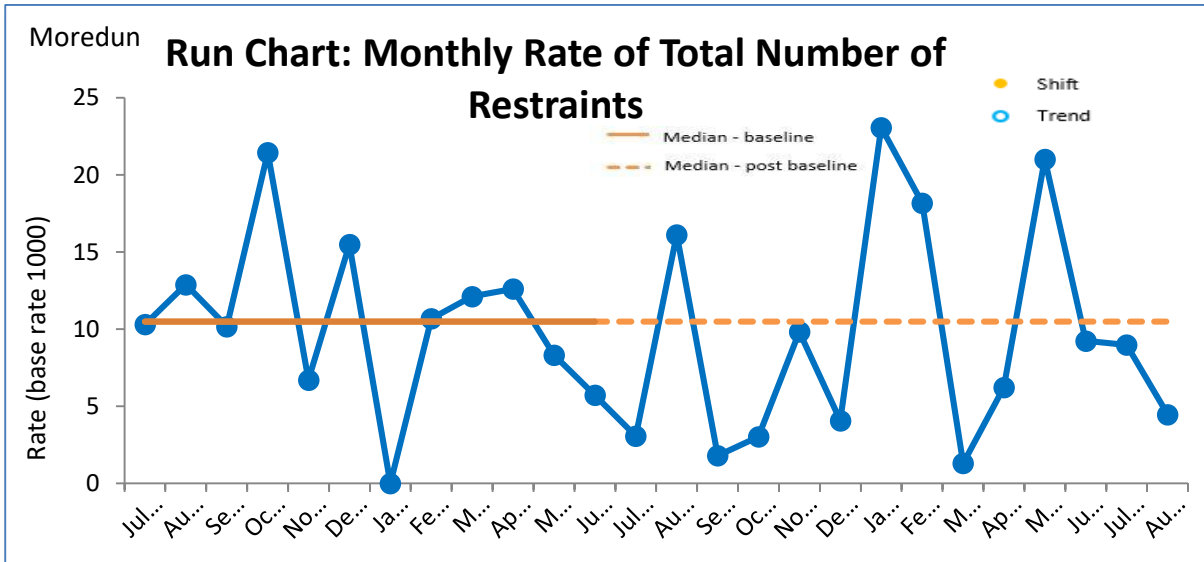
Violence & Aggression Rates – Moredun



Restraint Rates : Moredun

Total Restraints

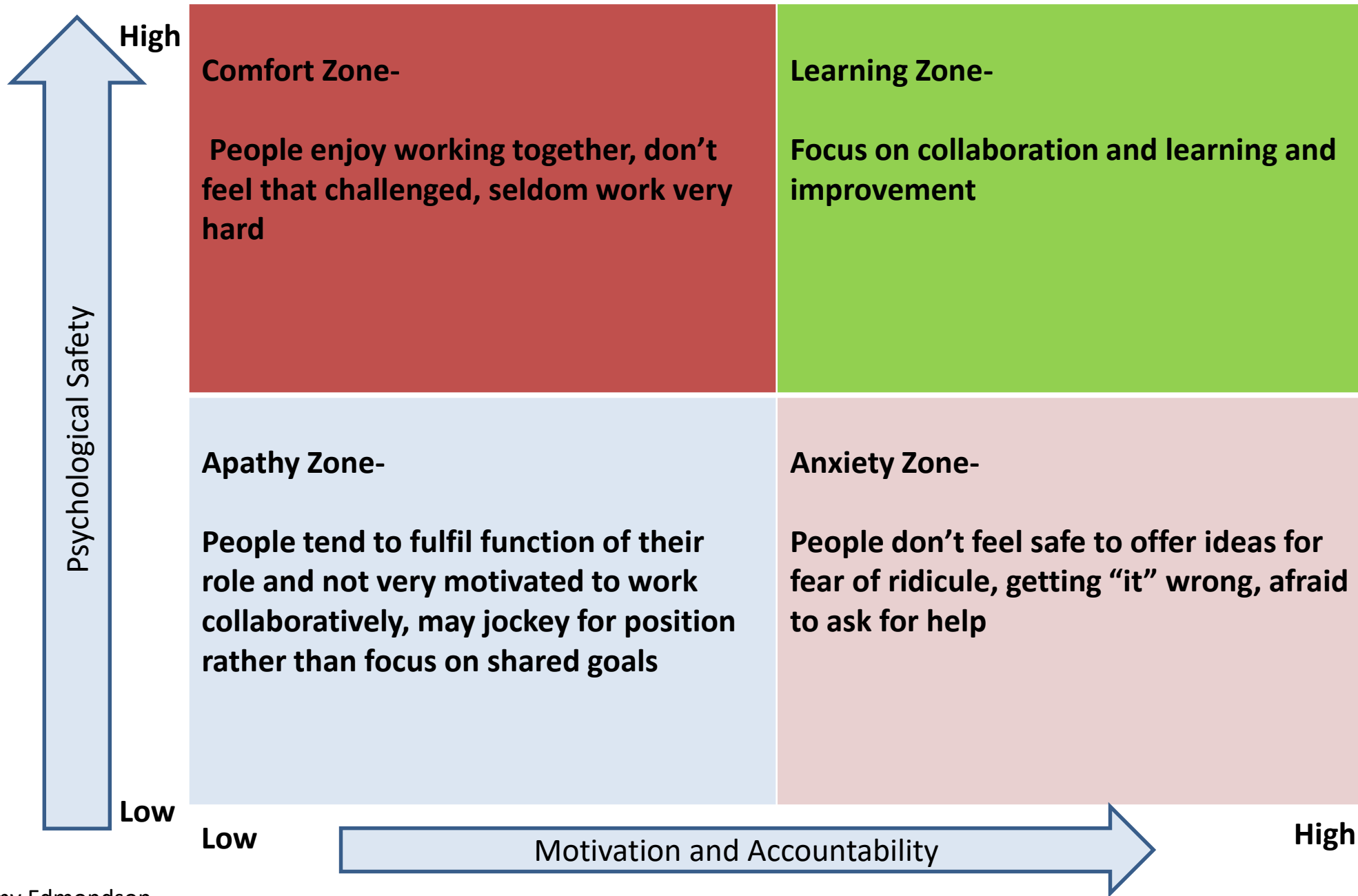
Restraints Prone





Safer
Stronger
Surer

#mhimprove



Model of antecedents & consequences of team Psychological Safety



#mhimprove

- Teamwork & Camaraderie
- Connection to Purpose
- Autonomy & Control



- What are the three words you would use to describe our session?