

MENTAL HEALTH STRATEGY – REPORT ON PROGRESS – ACTION 3

Date of report	25 th June 2018
Date of last report	17 th November 2017
Project end date	September 2020
Action Number	3
Action Owner (s)	Judy Thomson
Action Link	Ally Winford
Action Text	Commission the development of Matrix of evidence-based interventions to improve the mental health and wellbeing of children and young people

Progress Update from Previous report	RAG
1. The Executive Group has met monthly. The lines of reporting, terms of reference and outline of roles and responsibilities for the Design Team and Advisory Group have been established.	G
2. Both the Design Team and Advisory Group have been recruited to, with representation across Health, Education, Social Care and the Third Sector. Further expressions of interest are currently being sought from Social Care and Education colleagues for additional potential members to take part in the Design Team or Advisory Group. Two meetings of the Design Team have taken place.	G
3. The architecture of the Framework (the Hexagon Model) was agreed by the Executive Team and has been shared with the Design Team at these first two meetings. An introduction to the methodology that will be used to develop the compilation of programmes/interventions to be examined (the Delphi Process) has been shared with the Executive Team and Design Team.	G

What does success look like?
1. The development of a web-based resource detailing evidence based psychosocial prevention and early intervention approaches for C&YP in order to enable practitioners, services and commissioners to make fully informed decisions about what early intervention or prevention approaches should be invested in, within their community, which aims to improve the mental health and wellbeing of Scotland’s C&YP
2. Contextualised for Scotland, the resource will provide: <ul style="list-style-type: none"> • a summary of the core components of the approach • information and score of effectiveness and supporting evidence • implementation requirements and supports available • information to help establish whether the approach fits with the needs, values, priorities and resources of a specific local context.

Key Deliverables in next 6 months (include estimated date for each deliverable)	RAG
1. Regular (generally monthly) meetings of the Executive Team and Design Team to take place, July-December 2018.	
2. Finalise membership of the Design Team and Advisory Group (for Phase 1), August 2018.	
3. First meeting of the Advisory Group to take place, December 2018.	
4. All three stages of the Delphi Process to be undertaken and completed, July-September 2018	
5. Hexagon Methodology to be agreed across Executive Team and Design Team, August 2018.	
6. Population of the Hexagon for 5 programmes/approaches to be completed, August-December 2018.	
7. Prototype of the Framework to be completed, December 2018	

What data (if any) can evidence delivery?
1. Executive Team and Design Team meetings have and will continue to be minuted. Powerpoint presentations for the Design Team meetings have been produced.
2. The recruitment process for the Advisory Group and Design Team, including applications received, has been documented.

Any other comments	Throughout the development of the materials for the Design Team/Advisory Group recruitment process, the working name for the resource has been the 'Early Intervention Framework for Children and Young People's Mental Health and Well-Being'.
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