



# Dear Sir or Madam, Your household has been chosen to take part in the Scottish Health Survey.



# What is the Scottish Health Survey?

It's an important annual study that looks at changes in the health and lifestyles of people all over Scotland. People just like you.



## Have your say

This is a unique opportunity to have your say. By contributing to this important study, your answers could help identify priorities for health provision and plan services more effectively for the future. Last year around 6,000 people took part. Many found it to be rewarding and interesting. We hope you'll feel the same.

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# **Interviewer visits**

An interviewer from ScotCen Social Research will call at your address and will be able to explain more about the study. The interviewer will show you an identity card with their photograph and interviewer number.



# **Privacy**

Your answers are treated with care and with respect for your privacy (in accordance with the Data Protection Act 1998). Information you provide will be used for statistical and research purposes only.



# Thank you

We rely on the goodwill and voluntary co-operation of the people who are selected to take part to make the study a success. We need to speak to as many people as possible and from all walks of life to get an accurate picture of health across Scotland. To say thank you for your help, each adult that participates will receive a £10 Gift Card that can be used in a number of different shops.

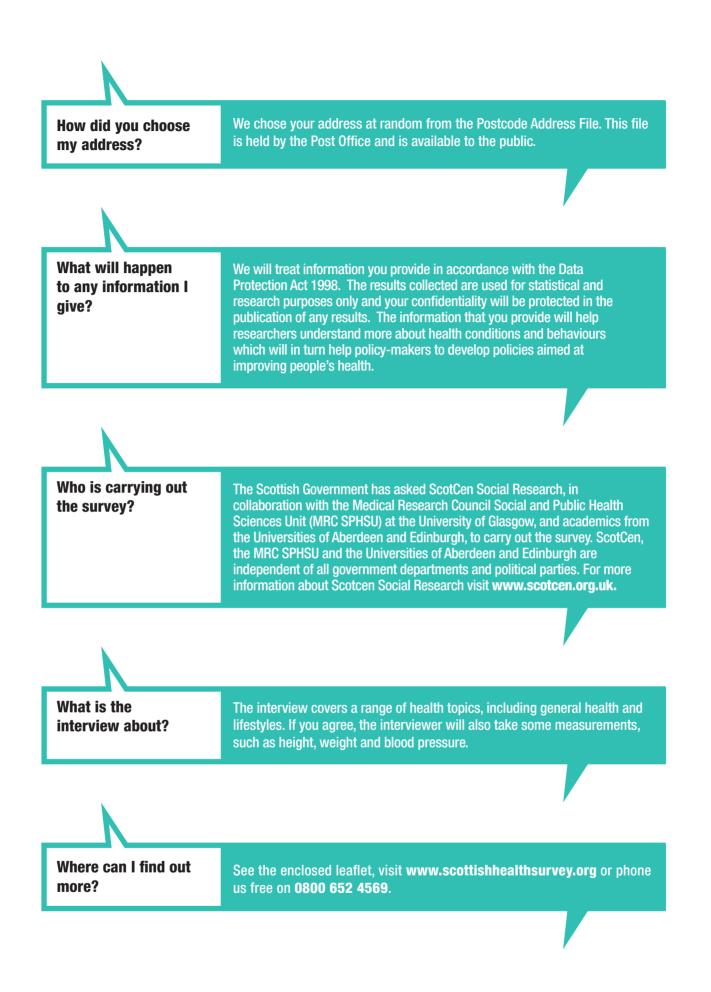


# **Further info**

We have answered some of the questions you may have on the back of this letter. For more details, please see the enclosed leaflet or visit **www.scottishhealthsurvey.org.** If you would like to talk to someone about the study, please phone us free on **0800 652 4569**.

**Emma Fenn** Project Coordinator, ScotCen Social Research

ScotCen Social Research, Scotiabank House, 2nd Floor, 6 South Charlotte Street, Edinburgh, EH2 4AW. Tel. 0800 652 4569. A Company Limited by Guarantee, Charity No. SC038454



The survey has been reviewed by an independent Research Ethics Committee to protect your safety, rights, wellbeing and dignity.





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# **Collect your £10 today!**

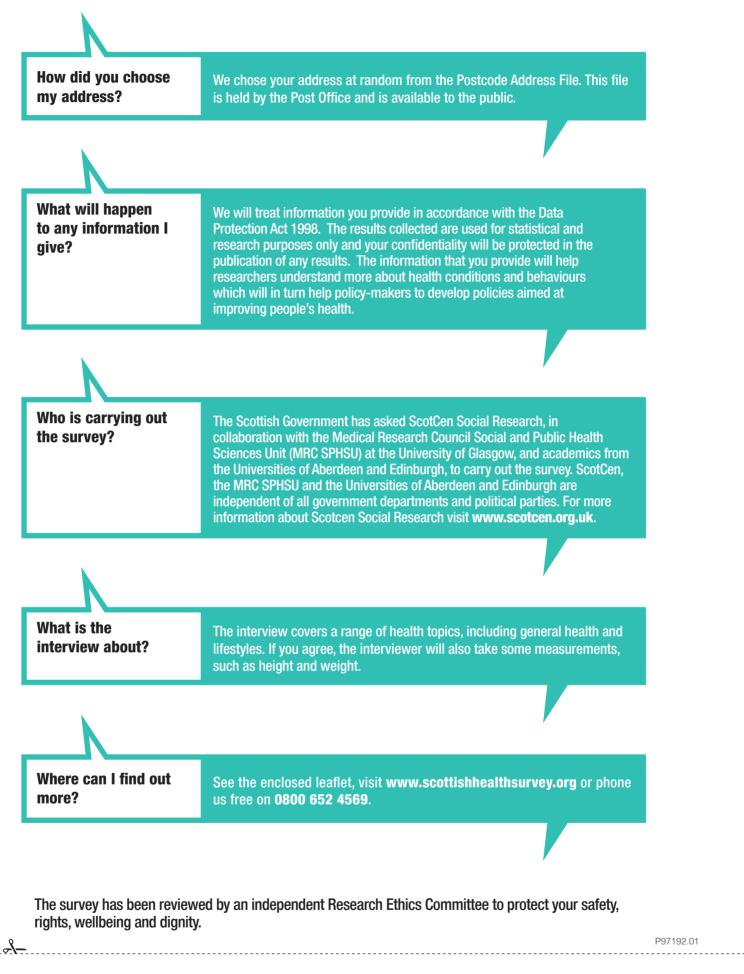
You can redeem this voucher at any Post Office branch. Counter staff will make your payment in cash. See back for more information.

Voucher number: Issue date: Expiry date:





Scottish Health Survey www.scottishhealthsurvey.org



Take this voucher to any Post Office. Counter staff will make your payment in cash. You do not need to show any form of identity. Your voucher is valid until the expiry date shown.

Find your nearest branch: Call: 08457 22 33 44 | Web: www.postoffice.co.uk Please do not write on this voucher.







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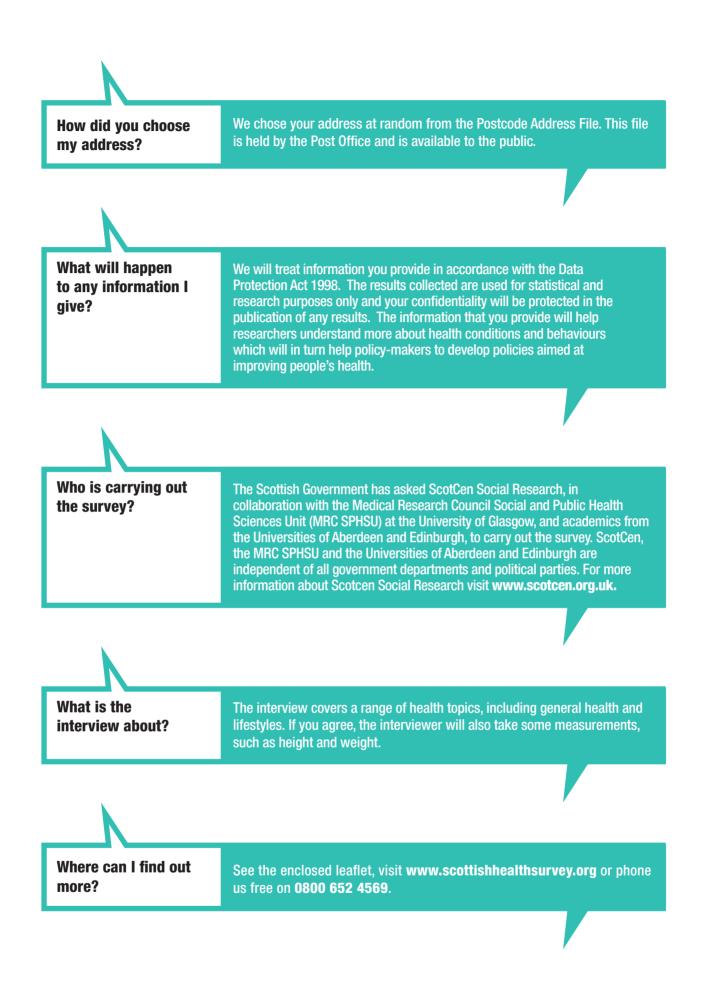


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